



The Spa

AT BAIA BEACH CLUB

Baia Rituals

Baia Deep Relaxing Signature Ritual

50 MIN \$230 | 80 MIN \$260

Slip into a moment of pure island peace as signature oil blends unite with the gentle warmth of heated Himalayan sea salt stones. This deeply soothing ritual melts away muscle tension, calms the senses, and restores harmony to both mind and body—like waves washing stress back into the sea.

Baia Signature Ritual

50 MIN \$230 | 80 MIN \$260

Choose your senses according to your mood and surrender to a warm, aromatic oil ritual. Flowing, wave-like massage techniques are paired with a deeply restorative scalp massage and nourishing hair mask, followed by a revitalizing foot massage with contrast therapy to gently release tension from head to toe. Volcanic stones enhance the experience, inviting deep relaxation and leaving you feeling balanced, restored, and renewed—body, mind, and spirit.

Baia Tropical Fusion Ritual

50 MIN \$230 | 80 MIN \$260

A luxurious ritual inspired by the islands' healing traditions and coastal vibrancy. Begin with a gentle, warm coconut milk bath massage, followed by the application of pure cane sugar to softly exfoliate, renew, and revive the skin. This nourishing experience leaves your body deeply moisturized, radiant, and wrapped in tropical serenity.

Baia Zodiac Experiences

Baia Air Experience

80 MIN \$260

(Aquarius, Gemini, Libra)

Air signs are natural thinkers, communicators, and visionaries. This treatment is designed to quiet the mind and restore energetic flow. Your experience includes a soothing scalp and cranial massage, guided breathwork, and a gentle rhythmic touch to calm and rebalance the nervous system.

Baia Water Experience

80 MIN \$260

(Pisces, Cancer, Scorpio)

Emotional, intuitive, and deeply sensitive, Water signs often hold tension and can become easily overwhelmed. This nurturing treatment features a flowing, Lomi-Lomi-inspired rhythmic massage with warm aromatic oils, followed by the soothing placement of heated stones along the back to melt away stress and gently harmonize emotional energy.

Baia Fire Experience

80 MIN \$260

(Aries, Leo, Sagittarius)

High-energy, driven, and intensely ambitious, Fire signs often carry deep muscular tension and are prone to burnout. This empowering treatment begins with warm nourishing oils, followed by a therapeutic deep tissue massage with targeted stretching. Heated stones are then applied to replenish vitality, ease fatigue, and rekindle the inner fire.

Baia Earth Experience

80 MIN \$260

(Capricorn, Virgo, Taurus)

Grounded and hardworking, Earth signs often experience stiffness, overthinking, and tension through the shoulders and neck. This calming treatment offers light to medium pressure with deeply grounding relaxation techniques, a warm application of nourishing oils, and a slow, intentional foot massage designed to stabilize energy and soothe the body from the ground up.

Baia CBD Jacana Experiences

Baia Essential Experience

80 MIN \$260

Designed to melt tension and unravel tightness in tired muscles, this full-body ritual features CBD-infused oil blended with your choice of lemongrass or cinnamon-nutmeg balm. Long, soothing strokes invite deep release, while the resonant tones of a Tibetan bowl guide the body and mind into complete surrender.

Baia Detox Experience

80 MIN \$260

This revitalizing ritual begins with an organic dry-brush exfoliation to stimulate circulation and awaken the skin. A deeply hydrating CBD oil, infused with your choice of lemongrass or cinnamon-nutmeg balm, is then applied to detoxify, nourish, and restore vitality. Expert deep-tissue techniques enhance absorption and leave the body feeling renewed, balanced, and beautifully replenished. The Tibetan bowl sounds complete this journey.

Baia Sound Bath Experience

80 MIN \$260

A deeply calming full-body treatment is designed to soothe the mind and restore focus. Begin by immersing in the resonant sounds of a Tibetan bowl while stones are placed along the front of the body to calm and release stress. A CBD-infused scalp massage, combined with targeted neck and shoulder work, releases tension and promotes relaxation. The experience continues with a full-body massage, using pressure customized to your muscle needs - a truly nourishing gift for your body and mind

Baia Signature Massages

Express Tropical Breeze Massage

30 MINUTES | 150

A short escape kissed by ocean air and island calm. Choose between the grounding flow of our Deep Sea Massage or the light, refreshing touch of the Ocean Breeze Massage. Let gentle rhythms ease tension, restore harmony, and leave your body drifting in tropical serenity.

Tropical Breeze Prenatal Massage

50 MIN \$215 | 80 MIN \$245

A nurturing island escape created especially for expectant mothers. This gentle, full-body massage is performed in a comfortable side-lying position, using safe, specialized techniques to ease common aches, calm the body, and invite deep relaxation. Let soft island rhythms support you and your baby as waves of comfort restore balance and serenity.

Available for mothers beyond their first trimester

Ocean Breeze Massage

50 MIN \$195 | 80 MIN \$225

A silky, sun-kissed escape inspired by the gentle coastal breeze. Long, flowing strokes paired with warm tropical seed oils quiet the mind, melt tension, and enhance circulation. The delicate aroma of island botanicals surrounds you, leaving the body calm, refreshed, and effortlessly relaxed.

Deep Sea Massage

50 MIN \$215 | 80 MIN \$245

Release chronic tension with this powerful blend of deep, focused techniques using the therapist's forearms and elbows. Pure Fiji's nutrient-dense seed oils deliver anti-inflammatory benefits while deeply conditioning the skin.

Baia Signature Facials

Express Hydrating Facial

30 MIN \$150

A facial designed to cleanse and exfoliate the skin along with a purifying - hydrating cocktail to enhance the radiance of the face.

Baia Signature Solutions

50 MIN \$210

A personalized facial designed to address the unique needs of your skin. Expertly tailored with premium products, this treatment targets specific concerns to leave your complexion radiant, balanced, and revitalized.

Baia Brightening Facial

50 MIN \$225

Indulge in a sophisticated treatment tailored to correct pigmentation concerns influenced by physiological, hormonal, and environmental factors. This results-driven facial features advanced, professional-grade protocols designed to reveal a brighter, more even complexion. Your experience is enhanced with a curated home-care regimen will be prepared just for you to prolong luminosity and preserve your glow between treatments.

Baia Mezotox Age Repair Facial

50 MIN \$250

Designed to deliver intense hydration, enhanced volume and firmness, and a refined skin texture and tone, this advanced mesotherapy ritual blends microdermabrasion, red light phototherapy, and a precision nano-infusion delivery system. The result is a rejuvenated complexion that feels supple, nourished, and deeply hydrated. To extend and elevate your results, a bespoke home-care regimen will be thoughtfully curated just for you. All the benefits of the sea to detox and revitalize the skin. A break from the harmful effects of the pollution by eliminating the signs of fatigue, brightening the complexion and rehydrating the skin.

Nails

Spa Manicure

45 MIN \$65

The Spa manicure begins with an oil blend soak followed by a moisturizing scrub on the hands to eliminate dead skin. After nail shaping, cuticle care and buffing are expertly groomed, a revitalizing cream is massaged into the hands.

Spa Pedicure

50 MIN \$85

The Spa pedicure begins with an oil blend soak followed by a moisturizing scrub on the feet to eliminate dead skin. After nail shaping, callous & cuticle care and buffing are expertly groomed, a revitalizing cream is massaged into the feet.

Nails Add-Ons

Shellac Removal

20 MIN \$25

Shellac Upgrade

30 MIN \$40

Make Up

PRICES UPON REQUEST

Bridal

Special Occasion

Halloween

Enhancements

Customize your spa experience with one or more of our extras. These must be booked with a treatment and will be incorporated into your treatment time.

***These prices exclude taxes.

TREATMENTS

CBD Infusion.....\$35

Aromatherapy.....\$25

Scalp Elixer.....\$25

Back Detox.....\$35

Hand & Foot Revive.....\$25

Himalayan Sea Salt Stones.....\$25

Tropical Sole Renewal.....\$35

Cane Sugar Radiance Polish.....\$55

FACIALS

Eye Treatment.....\$30

Lip Youth.....\$30

Gua Sha Lift.....\$30

Chemical Peel.....\$45

Cold Stones Massage.....\$30

How to Spa at Baia

The Spa at Baia Beach Club experience awakens the senses, revives the body and renews the spirit. We warmly invite you to enjoy our spa facilities so arrive early, stay awhile and drift away.

Hours of Operation

Spa 10:00 AM – 6:00 PM

Sunday - Thursday | Gym 24/7

10:00 AM – 7:00 PM

Friday -Saturday

Scheduling

To book a curated spa experience, please call us directly at 305.514.1950. A credit card will be required upon booking. If you prefer a male or female therapist, please make your gender request when scheduling. Our treatments are tailored for guests aged 18 years or older. Guests under 18 receiving a salon service must be accompanied by a parent or guardian.

Arrival

We recommend arriving 15 minutes prior to your scheduled appointment for a leisurely check-in process. A late arrival will result in a shortened treatment out of consideration for the next guest. Early arrival is suggested to make full use of our relaxation facilities. To maintain the serenity of the spa, we ask that you turn off your mobile phone upon arrival.

Cancellations

Should you need to cancel your appointment, a 24-hour advanced notice is required. Cancellations received within that time will be subject to a cancellation fee equivalent to the full price of your services to the credit card provided at booking.

Purchase Policy

Unopened products may be exchanged within 14 days of purchase with the original receipt. We cannot exchange opened products. All sales are final on promotional and discounted items.

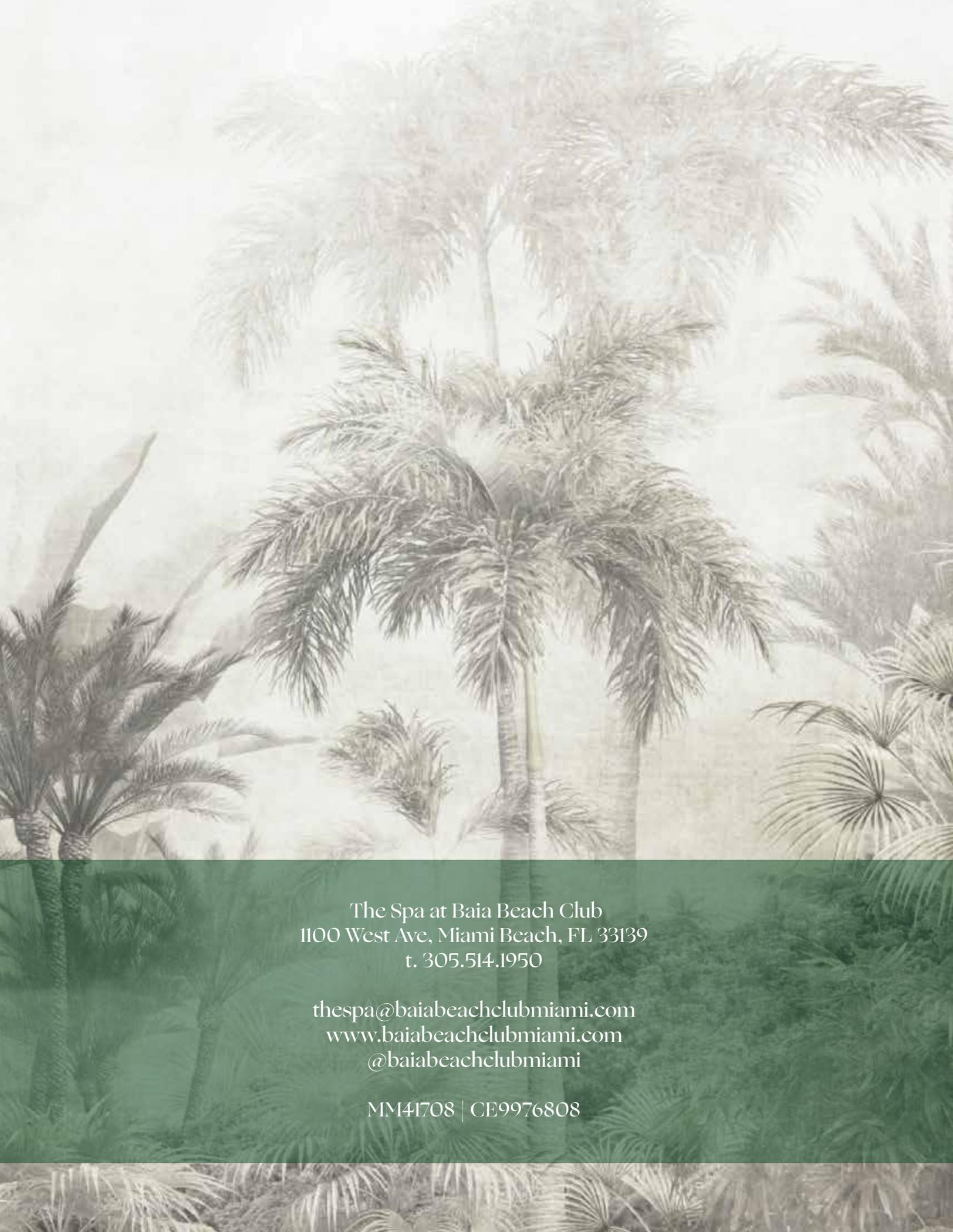
Service Charge

For your convenience, a 20% service charge will be automatically applied to the final bill. Additional gratuities may be added at your discretion. Prices and services are subject to change.

The Baia Gift of Wellness

Give the gift of relaxation. Gift cards are available year-round and valid for use on treatments, services and retail.

For special promotions please contact the spa front desk at 305.514.1950



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